



FOR IMMEDIATE RELEASE
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CONTACT: Claire Mullins
410-560-2120 x226

Lung Association Offers Free Lunchtime Seminar on Workplace Asthma

Businesses learn how to control work environment to manage disease, reduce sick days

Hunt Valley, Maryland – The American Lung Association of Maryland will hold a free seminar on controlling asthma in the workplace on Thursday, August 17 from 11:00 a.m. – 2:00 p.m.

Asthma affects more than 20 million Americans, including 500,000 Marylanders, and is responsible for 24.5 million lost workdays for adults and 12.8 million lost school days for children each year. Often, schools, homes and workplaces have poor indoor air quality caused by mold, dust, mildew and other common substances, which can trigger asthmatic episodes. While there is no cure for asthma, it is a manageable disease.

Dr. Pamela J. Amelung, a pulmonologist with the Veterans Administration Medical Center at the University of Maryland, Baltimore, will present information on asthma diagnosis and assessment and will show employees and businesses how to minimize workplace asthma triggers and reduce the lost workdays that come with having employees suffering from asthma. This event is sponsored by the American Lung Association of Maryland.

WHAT: Workplace Asthma Workshop with Pamela J. Amelung, M.D.

WHERE: The Conference Center at Sheppard Pratt, 6501 N. Charles Street, Baltimore, MD 21285

WHEN: Thursday, August 17, 2006 from 11:00 a.m. – 2:00 p.m.

COST: Free, and includes lunch

REGISTER: Space is limited! Call 410-560-2120 x206 or email asthma@marylandlung.org to register.

The American Lung Association of Maryland is the leading organization in Maryland working to prevent lung disease and promote lung health. With the generous support of the public, the American Lung Association of Maryland is “Improving life, one breath at a time.” For more information about the American Lung Association of Maryland or to support the work it does, call 1-800-642-1184 or log on to www.marylandlung.org

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